



WELCOME HOME TO SUNOL CREEK MEMORY CARE

“Best memory care team and facility in the Bay Area!
Truly care for their residents and families!”

- Amy Gillum-Laymon
(Resident's Daughter)

A BOUTIQUE MEMORY CARE COMMUNITY

Sunol Creek is designed, staffed and dedicated to the daily care and medical needs of those with Alzheimer's and Dementia related illness. Since its opening in 2014, Sunol Creek has established itself as the East Bay's Premier Memory Care community, proudly providing compassionate care for families.

Sunol Creek was purposefully built for memory care – with two sun-filled courtyards, circular indoor walking paths, ample natural lighting, SPARK activity rooms, restaurant style dining, an onsite beauty salon and more. Our community's integrated nurse call/delayed egress door provides a safe and secure environment to thrive.

Your loved ones are in great hands with our high staffing ratios and our individualized care plans. Our team is passionate about creating a warm and inviting home-like environment with many enrichment activities. Through our award-winning SPARK program, your loved one will receive round-the-clock care that encourages a comfortable, fulfilling lifestyle. From various amenities to exciting social programs, medical support, home-style quality food and more, Sunol Creek is committed to excellence.

INDIVIDUALIZED CARE

Sunol Creek offers two care neighborhoods, each designed to meet the physical, emotional and spiritual needs of our residents. We are unique in providing a safe and manageable neighborhood size that balances supervision with ample interaction among residents, staff and activities specialists.

ENRICHED ASSISTED LIVING

Our "South" Neighborhood offers personalized care for those coping with early to mid-stage dementia or Alzheimer's.

ENRICHED MEMORY CARE

Our "North" Neighborhood offers more complex medical care, medication management and is specifically designed to meet the needs of those with later stage cognitive impairment.

Our community care includes daily assistance with every day routines, medication management, insulin dependent management, companionship and more. Dedicated SPARK activity rooms in each neighborhood provide opportunities for engagement and socialization.



SPARK PROGRAM

Integral to activities and well being at Sunol Creek is our unique SPARK program. SPARK is a research-based program inspired by the teachings and research of Maria Montessori and Dr. Cameron Camp, which focuses on giving residents meaningful ways to feel needed and be productive. The program allows them to do the things that they have always done, in total alignment with their individual skill levels.

Through SPARK, residents are encouraged to participate in a wide range of productive tasks and activities based on their personal interests and abilities. Some of the popular activities and events that our residents enjoy through this special program include our Gardening Committee, Culinary Committee, Health & Wellness Committee, Welcome Committee and other committees that bloom based on personal interests.

The effectiveness and success of our SPARK program for Assisted Living and Memory Care residents is based on four foundational pillars:

1 SOCIAL ROLES

Everyone has a desire to be useful, so we ensure that each resident has a role in the community. Working the front desk or serving neighbors are examples of meaningful tasks that empower and connect residents.

2 SKILLS FOCUSED

Our Montessori Assessment Tool, created by the Center for Applied Research in Dementia, uncovers remaining skills often missed by traditional assessments. We can then strengthen and build on those identified skills.

3 PROCEDURAL MEMORY

Skills can be learned or improved through “procedural learning”. These repetitions then allow routine activities to be performed with less need for concerted concentration.

4 PROGRESSION & GOAL SETTINGS

By working on projects or learning topics over a longer period of time, always progressing toward a goal, residents become fully engaged and feel more successful.



ACCOMMODATIONS & AMENITIES

APARTMENT STYLES

Apartments consist of different configurations of private rooms with shared bathrooms and shared companion rooms, all meeting various resident needs and budgets. Our community offers many amenities that promote independence and healthy well-being.

DINING OPTIONS

Home cooked meals and specialty meals for specific diet needs, served in our family-style dining room or private dining room.

THOUGHTFUL INTERIOR DESIGN

Appropriate colors, patterns and engaging artwork for those with dementia as well as appropriate furniture and accessibility for seniors.

COMMUNITY VAN

Available for group activities and resident errands.

ENGAGING ACTIVITIES

Montessori SPARK trained Activities Director facilitating resident activities in dedicated activity rooms, courtyards and throughout the Community.

OPEN CONCEPT FLOOR PLAN

Spacious common areas and continuous walkways with easy indoor and outdoor connections, familiar living areas, and quiet spaces.

FRESH & CLEAN

Complimentary linen, laundry and housekeeping services.

THERAPY DOG

Our residents love our golden retriever!

WHY CHOOSE SUNOL CREEK

TOP REASONS FAMILIES CHOOSE SUNOL CREEK MEMORY CARE:

- Specifically designed for and focused on Memory Care.
- Two neighborhoods of only 20 residents, each with its own courtyard, ample natural light, circular interior walking path and activity rooms.
- Licensed nurses on staff 24 hours a day, 7 days a week with all staff trained in Dementia and Alzheimer's behaviors and care.
- Medical Director (M.D.) who works closely with our Health Services Director, Executive Director and resident families to oversee all resident medical needs.
- Ability to assist a wide range of medical conditions including Alzheimer's, dementia, Parkinson's, Diabetes, CVA, post stroke and more.
- Medication assistance and management.
- On-site Physical Therapy, Occupational Therapy and Speech Therapy.
- Residents enjoy grooming and nail services at our in house Salon/Barber shop.
- Award-winning SPARK Program with engaging, Montessori-Inspired activities.
- Five room types to meet different needs and budgets.
- Local and engaged private ownership.



“Our mother recently moved to Sunol Creek Memory Care and we couldn’t be more pleased with the outstanding care they provide. They have done everything possible to ease her transition to her new home. It is a beautiful and very well-kept home. The staff are highly competent and professional and always very supportive and positive with the residents. Most important to us as family members, the staff treat our mom with respect, dignity, and kindness. This is a very special place.”

- James Burton and Laurie Burton Kurtzer
(Resident’s Daughter & Son)

Take a virtual tour today!

