



The Courte at Citrus Heights
Memory Care



Premier Memory Care Community



A Nurturing and Uplifting Environment



The Courte at Citrus Heights Memory Care in Citrus Heights provides a full range of living options for those special residents living with memory challenges. Equally impressive is our commitment to providing you and your loved one with impeccable service at every level. Every day at The Courte at Citrus Heights Memory Care we make it a goal to go above and beyond to enrich the lives of our residents. We offer exceptional care, attentive wellness programs and social activities in a family atmosphere to create a community that supports the needs of those who live here. Our talented team of dedicated and caring staff are there when you need them.

The Courte at Citrus Heights Memory Care...where friends take care of friends.



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Excellent Services Tailored to Different Needs...

The Courte at Citrus Heights Memory Care offers comprehensive and caring Alzheimer's and dementia care. The mission of our supportive community is to serve the special needs of individuals living with Alzheimer's disease, dementia, and other forms of memory loss. The residence is a comforting environment, deftly incorporating safety and supportive cues throughout...even in the secured courtyard and indoor walking paths.

The Courte at Citrus Heights offers the Pathways Program, based on Montessori principles, to help those individuals with memory loss maintain function and enhance their daily life. Our individually tailored life program provides the stability of a routine while maximizing independence and autonomy. We develop close bonds between residents, their families, and our caregivers.

Memory Care can be different...let The Courte at Citrus Heights show you how.

Apartment Choice:

This is a very private setting where residents are comforted by having their own decor, furnishings and more. We offer apartments with either shared or private wheelchair-friendly restrooms. All apartments come with 24-Hour emergency call systems, closets, individualized heating/cooling and a full list of amenities.

Some of our Personalized Services include:

- Medication management
- Showering and bathing
- Dressing and laundry
- Personal hygiene and grooming
- Mobility and transferring
- Continence management
- Level appropriate activities
- Assistance with eating

Respite Care:

We offer a respite care program designed to give family caregivers a necessary break. This is your chance to have our caring staff enrich the life of your loved one, while you take a well-deserved rest.

Are you ready to learn more about our unique specialized care services? To learn more about The Courte at Citrus Heights please call 916-721-0644 and schedule a tour.

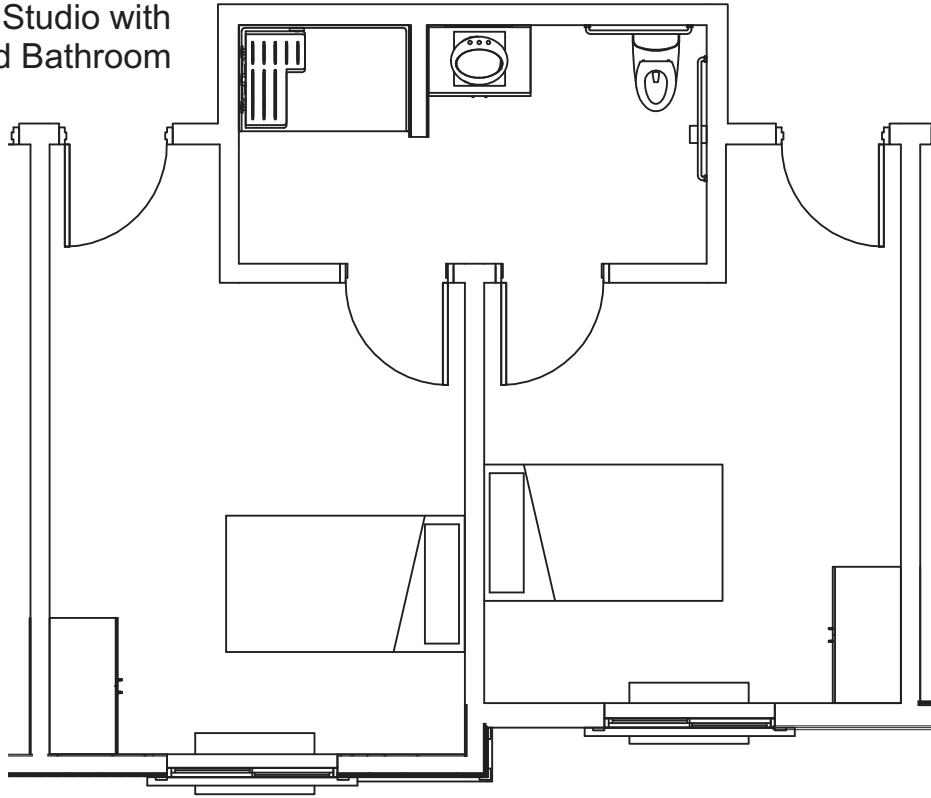




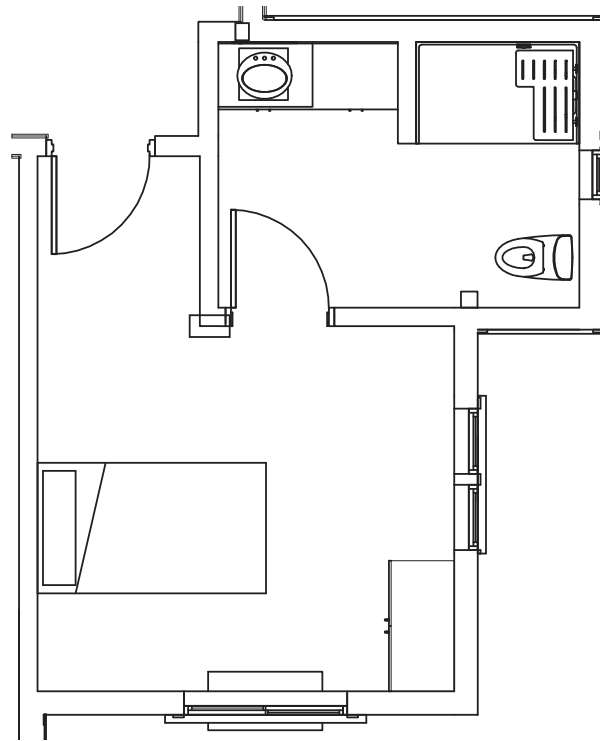
Memory Care Floor Plans



Private Studio with Shared Bathroom



Private Studio with Private Bathroom





All the Comforts of Home...

The Courte at Citrus Heights Memory Care is designed with the residents in mind, providing an atmosphere that is inviting and comfortable for both your loved one and you. The Courte at Citrus Heights Memory Care feels like you are in someone's home.

Our beautiful community offers a sense of familiarity and comfort, reducing the feelings of loneliness and confusion. We understand how important this is to our residents and their loved ones.

Our amenities include:

Three Delicious Meals a Day

Home cooked meals with the ability to meet several special diets, served family style in neighborhood dining areas

Care Staff on Site

24-Hours a day, 7 days a week

Familiar Daily Routine

Planned activities and tailored routines created in our Pathways Program, based on Montessori principles, are used to enhance residents' dignity and self-esteem

Dementia Specific Activity Program

Individual and group activities such as memory boxes, patterning, creative arts, as well as exercise, outings, social events and more

Barrier-Free Floor-Plan

Community lay-out offers continuous walkways with indoor and outdoor opportunities, familiar living areas, and quiet spaces

Weekly Housekeeping

Includes flat linens as well as personal laundry if desired

Emergency Call System

Puts residents in contact with staff if an emergency arises

Beauty/Barber Shop On-Site

For your convenience

The Courte at Citrus Heights partners with families to find the best way to create a fulfilling, safe and dignified lifestyle for every resident. Our goal is to create a loving home environment that reassures residents and families that friends surround them.

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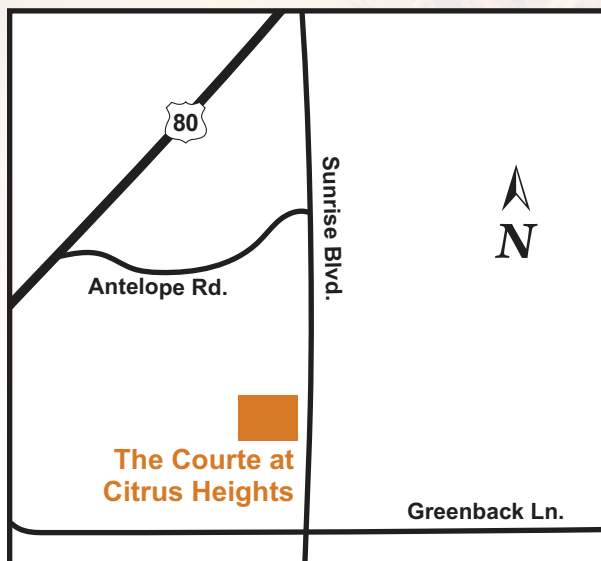
**6825 Sunrise Blvd.
Citrus Heights, CA 95610
916-721-0644
courteatcitrusheights.com
RCFE License #342700077**

Here's how to find us...

Follow these easy driving directions.

Heading southwest on I-80 W:

- Take the Douglas Blvd exit toward Sunrise Ave.
- Turn left onto Douglas Blvd.
- Take the Sunrise Ave. S. ramp
- Merge onto Sunrise Ave., community will be on your right



Heading northeast on I-80 E:

- Head southwest on I-80 W
- Take the Antelope Rd. exit
- Turn right onto Antelope Rd. (signs for Citrus Heights)
- Turn right onto Sunrise Blvd., community will be on your right

Quality senior living for those who have reached the age of sixty-two.

